Name:		
Date o	f birth:	
Daio		
	Photo	

Family/emergency	contact	name	(s)	):
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Confirmed allergens:

Mobile Ph:\_\_\_\_

Mobile Ph:\_ Plan prepared by doctor onurse practitioner (np):

The treating doctor or np hereby authorises medications specified on this plan to be given according to the plan, as consented by the patient or parent/guardian, including use of adrenaline if available.

Whilst this plan does not expire, review is recommended by DD/MM/YY

## Signed:

Date:

- Swelling of lips, face, eyes
- Hives or welts
- Tinglingmouth
- Abdominal pain, vomiting these are signs of anaphylaxis for insect allergy

Mild to moderate allergic reactions (such as hives or swelling) may not always occur before anaphylaxis

- on left side if pregnant, as shown below
- If breathing is difficult allow them to sit with legs outstretched
- Hold young children flat, not upright

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## 2 GIVE ADRENALINE INJECTOR IF AVAILABLE

- 3 Phone ambulance 000 (AU) or 111 (NZ)
- 4 Phone family/emer gency contact
- 5 Transfer person to hospital for at least 4 hours of observation

## IF IN DOUBT GIVE ADRENALINE INJECTOR

Commence CPR at any time if person is unresponsive and not breathing normally